

Women's Self-Defense Class



This is a self-defense course designed for women.

It is always great if you bring a friend or relative to work with, but it is not necessary.

Conducted at:

**A W New Hapkido Academy
8305 Lima Road
Fort Wayne, IN 46818**

Course will include:

- Self-defense awareness
- Strikes
- Escaping a grab

DATE: Saturday, May 18, 2019

TIME: 2:00 pm to 4:00 pm

FEE:

Early Registration: \$10.00 - if registered 1 week in advance.

Normal Registration: \$15.00 – if registered less than 1 week in advance.

INFORMATION:

Wear something comfortable like sweat pants and tee-shirt.

Should be 12 years or older (10 or older if attending with adult).

For **additional details** and directions call – (260) 490-2888 or visit us at www.awnewhapkido.com